



Providing women at a crossroads in their career or their life with customized career and life coaching, career management training, and access to financial and educational resources for long-term success!

www.empowerctr.org

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Get social with us!



WORKSHOP HIGHLIGHTS

Visit www.empowerctr.org to register!

Jump Start your Job Search 1-2-3

Thursday, January 12th –
10:00 – 1:00 p.m

Free Empowerment Circle

Wednesday, January 18th – 1:30 – 3:30 p.m.

On LinkedIn? So What? Getting started using Social Media

Thursday, January 19th –
10:00 -12:00

Getting unstuck! Workshop

Monday, January 23rd – 6:00 – 7:30 p.m. &
Wednesday, January 25th – 6:00 – 7:30 p.m.

Special Workshop for MOMs and CAREGIVERS

Tuesday, January 24th – 10:00 - 12:00.

Power Networking with Special Guest Kristin Mentz

Thursday, January 26th – 9:30 – 11:30 a.m.

Achieving Audacious Goals

Thanks to the community the Pinnacle Empowerment Center had a fantastic 2011 which saw us opening our doors to clients. Throughout the year, we served over 50 women individually through our groups, classes, and individual coaching sessions. The inaugural **Women's Empowerment Conference** was a huge success and we've already begun planning the 2012 event with our partners at makingCHANGE!

For many new organizations, deciding to host a full-day women's training event with no history of doing so or any model or templates to follow was breathtakingly audacious. Trust me when I tell you we did have a few "What the heck were we thinking" moments throughout the intervening months. But we were dedicated to the idea of bringing women together to start a conversation about empowerment and providing access to the tools to make that possible.

You don't have to wait until October 2012 for resources and tools to help you set your own audacious goals for 2012. If this is the year that you want to make a career move or really figure out how to follow your passion, join us at PEC to continue the conversation. We offer something for everyone from free monthly job clubs and empowerment circles to workshops and seminars. If you'd like individual attention, our coaches are available for one-on-one sessions. Take a look at our calendar

<http://www.empowerctr.org/workshops.html> and sign up today!

FEBRUARY HIGHLIGHTS**Successful Job Search Strategies for 2012**

Friday, January 27th – 10:00 – 12:00

Free Job ClubTuesday, February 7th – 10:00 – 11:00**Building your Marketing Materials for today's Job Seekers – Resumes for 2012**

Thursday, February 2nd – 10:00 – 12:00 p.m.

Thursday, February 23rd – 4:00 – 6:00 p.m.

Using Your Time Effectively

Thursday, February 9th – 10:00 – 12:00 p.m.

Jump Start your Job Search 1-2-3

Tuesday, February 14th – 10:00 – 1:00 p.m.

Free Empowerment Circle

Wednesday, February 15th – 1:30 – 3:30 p.m.

On LinkedIn? So What? Getting started using Social Media

Thursday, February 9th – 4:00 – 6:00 p.m.

Getting unstuck! WorkshopMonday, February 13th – 6:00 – 7:30 p.m.
& Wednesday, February 15th – 6:00 – 7:30 p.m.**The Most Important Brand Is Your Own, Act Like It! With Special Guest Jennifer Ransaw Smith**

Thursday, February 16th – 10:00 – 12:00 p.m.

Successful Job Search Strategies for 2012

Tuesday, February 21st – 10:00 – 12:00

Visit our website for more information!

www.empowerctr.org**Time Management When Job Searching**

Whether you are employed or unemployed and looking for a job, time management is critical. To reduce the stress in your life, staying focused and setting priorities are essential. Here are some key tips:

1. If you are unemployed, seeking employment is your full time job! Wake up early, don't over sleep, and put in a full day of job searching.
2. Have a day calendar available to set appointments. Note all contact information such as: contact, location, phone number and time. Use your calendar not just for interviews but for seminars and workshops that will help you seek employment.
3. Set goals and deadlines. A "to-do" list is essential.
4. Set priorities and boundaries. Know your limits and learn how to say no.

Cindy Virtue is a Certified Job Search Strategist from the Job Search Academy and facilitates our monthly Job Club as well as a variety of workshops on job searching, networking, and career development. Her next workshop is "Jump Start Your Job Search 1-2-3" on Thursday, January 12th at 10:00 am.

Good Reads for the New Year

Check out some of these books to inspire your Audacious Goals!

Recommended by Lisa Dolce, Board President

- Feel the Fear and Do it Anyway--Susan Jeffers
- It's Only Too Late If You Don't Start Now - Barbara Sher

Recommended by Heather Comstock, Executive Director

- Good Enough is the New Perfect – Becky Beaupre Gillespie & Hollee Schwartz Temple
- The Power of Full Engagement – Jim Loehr and Tony Schwartz